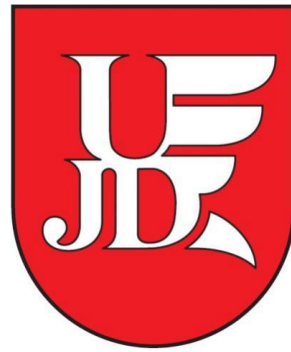


**Jan Dlugosz University
in Czestochowa**



**Courses taught in English
for exchange students
at the Faculty of Social Sciences,
Summer semester, academic year 2023/24**



Erasmus+

Pedagogy

Course title	ECTS	Hours	Form	Semester	Course description
<p>Social pathologies / Patologie społeczne</p> <p>Lecturer: Małgorzata Kuś, PhD.</p> <p>english</p>	3	30/15	Lecture/ exercises	summer	<p>To familiarize students with the most common pathological phenomena.</p> <p>To familiarize students with theories explaining the occurrence of pathological phenomena</p> <p>Sensitizing students to the manifestations of social pathology in the environment.</p> <p>Motivating students to counteract social pathologies.</p>
<p>Prevention of risky behavior / Profilaktyka zachowań ryzykownych</p> <p>Lecturer: Beata Zajęcka, PhD.</p> <p>english</p>	4	30/15	Lecture/ exercises	summer	<p>The aim of the subject is:</p> <ul style="list-style-type: none"> - Familiarizing students with the scope and issues arising from the implementation of activities in the field of broadly understood prevention, including concepts, methods and concepts for the above-mentioned issue. - Providing students with the necessary knowledge regarding the legal basis for preventive activities - Familiarizing students with the principles of creating preventive programs and making students aware of their importance in the context of the proper functioning of individuals and the entire society. - Developing the ability to properly carry out (within classes) a preventive program prepared independently. - Making students aware of the role played by family, school and teacher, local environment and religion in prevention.

<p>Innovative solutions in care and resocialization / Nowatorskie rozwiązania w opiece i resocjalizacji</p> <p>Lecturer: Monika Czerw, PhD.</p> <p>english</p>	3	15/15	Lecture/ exercises	summer	<p>Subject objectives</p> <ul style="list-style-type: none"> - Showing new trends, foundations, current problems and changes taking place in the field of care and resocialization. - Enrichment of teaching workshops. - Enabling the development of one's own view of phenomena and changes taking place today in care and social rehabilitation pedagogy. - Rejection of labels and patterns regarding care and resocialization.
<p>Teoretyczne podstawy kształcenia/ Theoretical foundations of education</p> <p>Lecturer: Prof. Małgorzata Piasecka</p> <p>english</p>	5	15/30	Lecture/ exercises	summer	<p>The subject Theoretical foundations of education is carried out during the first year of first-cycle studies in the field of Pedagogy and consists of: during full-time studies, 15 hours of lectures and 30 hours of exercises; in part-time studies, 9 hours of lectures and 18 hours of exercises. The subject ends with an exam and a grade.</p> <p>Main purpose of the subject:</p> <p>Acquiring elementary knowledge about traditional and modern teaching systems and learning and understanding the essence of the education process and its components.</p>
<p>Diagnostyka pedagogiczna/ Pedagogical diagnostics</p> <p>Lecturer: Karol Motyl, PhD.</p> <p>english</p>	5	15/30	Lecture/ exercises	summer	<p>The student learns and understands the concepts of pedagogical diagnosis. Acquires skills in diagnosing developmental disorders. Acquires the skills to carry out a diagnosis using basic methods, techniques and diagnostic tools and to interpret the obtained test results. It shapes the attitude of acceptance and respect for the ethical principles applicable to diagnosis.</p>
<p>Zarządzanie oświatą/Education management</p> <p>Lecturer: Katarzyna Zalas, PhD.</p> <p>english</p>	3	30	exercises	summer	<p>Basics of organization and management. The education system in Poland. Structure and functions of the Polish education system. Organization of educational institutions,</p> <p>Education management system. Management and administration in educational institutions. Selected problems of managing educational institutions. Human capital management in education. Financial management in an educational institution. Communication in the management of</p>

					an educational institution. Change management in educational institutions. Managing your own professional development. Educational leadership in school. The role and tasks of the director of an educational institution. Organization of the school principal's work. Motivating employees. Designing the program of an educational institution. Internal and external regulations of work organization. Organization of the institution's pedagogical process. The facility and the local environment.
Pedagogika czasu wolnego/ Pedagogy of free time Lecturer: Izabela Wrona-Meryk, PhD. english	4	5/10	Lecture/ exercises	summer	1) Familiarizing students with the concept of free time and its place in pedagogy; 2) Providing students with knowledge regarding the determinants of human free-time behavior; 3) The student acquires basic skills in organizing free time; 4) Arousing students' interest in various forms of spending free time.
Planowanie kariery edukacyjno- zawodowej/ Educational and professional career planning Lecturer: Prof. Joanna Górna. german	2	15	exercises	summer	Subject objectives: 1. Providing the student with basic knowledge and information in the field of career counseling, career path planning, and educational tasks 2. To familiarize students with the basic terminology of a professional career, its patterns, and the professional development of an individual 3. Familiarizing students with techniques and stages of shaping a professional career

Development counseling and psychological help

Course title	ECTS	Hours	Form	Semester	Course description
<p>Methods of creative problem solving / Metody twórczego rozwiązywania problemów</p> <p>Lecturer: Dorota Gębuś, PhD.</p> <p>english</p>	4	30	workshop	summer	<p>Objectives of the course:</p> <ol style="list-style-type: none"> 1. Familiarize students with the methods of creative problem solving 2. Deepening the skills of creative thinking 3. Acquisition of the ability to use methods of creative problem solving 4. Introducing students to innovative work in the field of development counseling and continuous improvement of their own work skills
<p>Stress Workshop /Warsztat pracy ze stresem</p> <p>Lecturer: Zbigniew Łęski, PhD.</p> <p>english</p>	4	30	workshop	summer	<p>Objectives of the course:</p> <p>Familiarizing students with the concept of stress</p> <p>Learning how students work and cope with stress</p>
<p>Group work techniques workshop / Warsztat technik pracy grupowej</p> <p>Lecturer: Anna Pierzchała, PhD.</p> <p>english</p>	4	30	workshop	summer	<p>Objectives of the course:</p> <p>Familiarizing students with the psychological dimension of functioning of a small social group</p> <p>Familiarizing students with the basic techniques of group work</p> <p>Acquisition by the student of the ability to apply and evaluate the basic techniques of working with a group in relation to group goals and needs</p> <p>Practicing the ability to work in a task group</p>

					Instilling a belief in the value of the ability to effectively manage teamwork
<p>Development tutoring with group supervision / Tutoring rozwojowy z superwizją grupową</p> <p>Lecturer: Adriana Sarnta-Ciastko, PhD.</p> <p>english</p>	4	30	workshop	summer	<p>Objectives of the course:</p> <p>The course aims to help students define development plans for the last period of study, as well as the time after their completion. It is also intended to introduce the experience of one-on-one work as well as group supervision as complementary activities.</p>
<p>Psychological help in the prevention of depression /Pomoc psychologiczna w profilaktyce depresji</p> <p>Lecturer: Zbigniew Wieczorek, PhD.</p> <p>english</p>	4	30	workshop	summer	<p>Objectives of the course:</p> <ol style="list-style-type: none"> 1) familiarizing students with the prevention of depression and the use of Transactional Analysis (hereinafter AT) in the description of depression 2) acquiring by the student the ability to use AT techniques in the description of personality and behavior 3) introducing the student to independent work on his own development, improving his skills and his own workshop

Psychoprevention

Course title	ECTS	Hour	Form	Semester	Course description
Developmental psychology /Psychologia rozwojowa Lecturer: Prof. Elżbieta Napora english	2	20	Lecture	summer	Objectives of the course: Knowledge of ways of understanding development, characteristics of developmental changes and mechanisms of change. • Getting to know the basic knowledge about development processes in subsequent phases of the life cycle. • Developing the ability to analyze phenomena occurring in particular phases of life, taking into account the epigenetic perspective • Shaping motivation to undertake personal searches for deeper and deeper understanding of development processes, • Building an attitude conducive to reflection on one's own and other people's development
Methodology of work in non-profit organizations Lecturer: Wioletta Duda, PhD. english	3	10/10	Lecture/ exercises	summer	Objectives of the course 1. Familiarization with the role of non-governmental organizations. 2. Getting acquainted with the goals of non-governmental organizations. 3. Getting acquainted with legal regulations in a non-governmental organization. 4. Acquisition of the ability to create documentation of a non-governmental organization. 5. Acquainting with the methods and forms of work in non-governmental organizations
Methods of social research with elements of statistics Lecturer: Zbigniew Łęski, PhD. english	2	10/15	Lecture/ exercises	summer	Objectives of the course 1. Getting to know the basic concepts and principles of research in social research 2. Preparation for proper planning and conducting an independent empirical research at the bachelor's level 3. Preparation for the correct development of the results of empirical research using basic methods of statistical data description

Techniques of occupational therapy - music therapy (PW5) Lecturer: Zbigniew Łęski, PhD. English	3	20	workshop	Summer	Objectives of the course Familiarization with selected assumptions and concepts related to occupational therapy, in particular music therapy; expanding the ability to use selected methods and techniques of pedagogical work.
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Preschool and Early School Pedagogy

Course title	ECTS	Hours	Form	Semester	Course description
Theoretical foundations of physical education /Teoretyczne podstawy wychowania fizycznego/ Lecturer: Krzysztof Kosciński, PhD. english	5	20/40	Lecture/ exercises	summer	<p>Lectures:</p> <ol style="list-style-type: none"> 1. The main centers of development of theoretical thought on physical education in Poland since the end of the 18th century. 2. Physical culture and its understanding. Forms of participation in physical culture. 3. Physical education as the foundation of the physical culture system and an integral component of education. 4. Theoretical premises of physical education. 5. Theoretical and methodological foundations of physical education. 6. Praxeological model of physical education. 7. Personal and non-personal conditions in the processes of physical education and training. 8. Stages of evolution of views on the essence of physical education. Premises of modernity in school physical education. <p>Exercises:</p> <ol style="list-style-type: none"> 1. Forms of participation in physical culture, their social scope and place in individual life. 2. The origin and importance of human activity in physical culture. Body values as a motive for physical activity.

					<p>3. Functions of physical activity in ontogeny, with particular emphasis on the period of youth (anaphase).</p> <p>4. Motor development of a child in preschool and early school age - tips on psychophysical development.</p> <p>5. Assessment of the motor skills of a child at preschool and early school age.</p> <p>6. Contemporary concepts of understanding the goals of physical education.</p> <p>7. Shaping prosomatic attitudes as the most important goal of physical education. Components of the prosomatic attitude (cognitive, behavioral, emotional). Social factors of upbringing in physical culture.</p> <p>8. The importance of physical activity and its place in physical education.</p> <p>9. Personal and non-personal conditions in the process of physical education and training.</p> <p>10. Pedagogical issues of physical education.</p>
<p>Pedagogical research methodology / Metodologia badań pedagogicznych/</p> <p>Lecturer: Karol Motyl, Phd</p> <p>english</p>	2	10/10	Lecture/ exercises	Summer	<p>The main goal of this course is to raise methodological awareness in the area of education research. The specification of this goal is:</p> <ul style="list-style-type: none"> - familiarization with the theoretical and ethical foundations of research and research procedures in various methodological orientations of educational research - Preparation for a discussion on the methodological level of empirical research presented in the literature - Preparing the student to properly plan and conduct empirical research at the level of a master's thesis - Preparing the student to create and standardize simple measurement tools (observation sheet, questionnaire, test) - Familiarization with the logical foundations of conducting scientific discussions
<p>Health education methodology / Metodyka edukacji zdrowotnej</p> <p>English</p>	4	10/20	Lecture/ exercises	summer	<p>Equipping students with basic knowledge regarding programming, planning and implementing health education classes at the preschool and early school stage. Enabling the student to interpret the assumptions of methods and forms of teaching content constituting care for one's own health and that of others. Analysis of the core curriculum for preschool education and education in grades I-III of primary school in terms of the assumptions of health education.</p>
<p>Methodology of creative work with children in kindergarten and grades I-III / Metodyka pracy</p>		35	exercises	summer	<p>1. The student acquires knowledge in theoretical experience regarding creativity. 2. Developing students' ability to practically apply skills needed in creative activity. 2. Acquiring</p>

twórczej z dzieckiem w przedszkolu i w klasach I-III English	5				the student's ability to use various methods and forms of creative work with children.
Psychological and pedagogical foundations of teaching a foreign language to children / Psychologiczne i pedagogiczne podstawy nauczania dzieci języka obcego Lecturer: Edyta Skoczylas-Krotla German	5	10/20	Lecture/ exercises	Summer	The subject covers basic knowledge and skills in the field of psychological and pedagogical foundations of foreign language teaching. Full description: The aim of the classes is to equip students with knowledge and skills in the field of psychology and pedagogy important in the process of learning/teaching foreign languages. The issues focus on the learner and the teacher and his working conditions. Class participants also have the opportunity to test and analyze their own predispositions to perform the teaching profession.
Pedagogy of play / pedagogika zabawy/ English	1	5/20	Lecture/ exercises	Summer	Subject objectives 1. The student acquires knowledge about play pedagogy, its foundations, assumptions and working methods. 2. The student acquires the ability to use play pedagogy methods in their educational activities and their proper selection and organization. 3. Instructing the student to work independently to improve his/her work skills.
Cultural institutions in preschool and early school education / Instytucje kultury w edukacji przedszkolnej i wczesnoszkolnej Lecturer: Edyta Skoczylas-Krotla, PhD. German	2	5/15	Lecture/ exercises	Summer	Culture understood broadly as a set of values, patterns of behavior, and as a means shaping personality is an extremely important pedagogical means. Already on occupies a significant place at the level of early school education. The author's intention The purpose of the text is to draw attention to this important element of raising a young person
Relaxation and concentration / Metody relaksowo-koncentrujące Lecturer: Prof. Joanna Gorna German	1	10	exercises	summer	Based on the literature on the subject, own research and accumulated experience, relaxation and concentration methods will be discussed, which are very useful in two areas of human life: in coping with stress and in education, in its aspects related to upbringing and education.
Methodology of IT education and the use of information and communication technology / Metodyka edukacji	5	10/35	Lecture/ exercises	Summer	Using new technologies to construct creative and innovative lesson scenarios in kindergarten and grades I-III. Promoting the ecological use of the achievements of digital technologies and the Internet.

informatycznej i posługiwania się technologią informacyjno-komunikacyjną					<p>Full description:</p> <ol style="list-style-type: none"> 1. Euthyphronics as a science for the protection of humanistic values in the post-industrial era. /Lecture/ 2. Recognition and development of children's intelligence and IT, using Multiple Intelligence according to Howard Gardner. /Lecture/ 3. Ergonomics of working with a computer, programming basics. /Lecture/ 4. Selected teaching methods. /Lecture and exercises/ 5. Computer software (Windows tools, Paint, Word, Power Point). Usability and implementation of sample tasks.
Lecturer: Wioletta Sołtysik, PhD. English					

Tourism and Recreation

Course title	ECTS	Hours	Form	Semester	Course description
Methodology of group forms of physical recreation / Metodyka grupowych form rekreacji ruchowej English	4	30	exercises	summer	<ol style="list-style-type: none"> 1. Acquainting students with various forms of physical activity for all groups: children, adolescents and adults. 2. Learning about various possibilities of modifying sports disciplines in terms of group movement recreation. 3. Realizing the role and importance of physical activity for human health and well-being. 4. To make students interested in the issues of a healthy lifestyle
Methodology of individual forms of physical recreation / Metodyka indywidualnych form rekreacji ruchowej english	2	15	exercises	summer	<ol style="list-style-type: none"> 1. Acquainting students with various forms of individual physical activity, such as individual tourism, individual recreation and individual relaxation for all groups: children, adolescents, adults and the elderly. 2. Learning about various possibilities of modifying sports disciplines in terms of individual physical recreation. 3. Understanding the role and importance of physical activity for the health and well-being of participants.

					4. To make students interested in the issues of a healthy lifestyle.
Airports in servicing tourist traffic / Porty lotnicze w obsłudze ruchu turystycznego english	4	thirty	lecture + exercises	summer	<ol style="list-style-type: none"> 1. Providing students with knowledge about the participation of airports in tourism. 2. Familiarizing students with the knowledge about the functioning of airports in the world. 3. Familiarizing students with the basic regulations and procedures in force at airports. 4. Ability to handle a tourist event at the airport and on board the aircraft.
Tourist pilotage / Pilotaż turystyczny english	5	thirty	lecture + exercises	summer	<ol style="list-style-type: none"> 1. Getting to know the basic techniques of tour guides in leading tourist groups. 2. Understanding the importance of proper service for tour leaders in gaining customer satisfaction. 3. Correct organization of the workshop of a tour guide. 4. Leading tourist groups as a tour leader.
Sign language /Język migowy english	5	thirty	exercises	summer	<ol style="list-style-type: none"> 1. Acquiring basic communication skills in Polish Sign Language. 2. Developing the ability to build various sign expressions using the grammar of Polish Sign Language in conversation. 3. Developing the ability to read various sign expressions using the grammar of Polish Sign Language in conversation. 4. Familiarization with the cultural distinctiveness of the Deaf community.
Interpersonal communication/Media and social communication ; Komunikacja interpersonalna/Media i komunikacja społeczna english	3	thirty	lecture + exercises	summer	<ol style="list-style-type: none"> 1. The student's acquisition of knowledge in the field of interpersonal communication

Tourist traffic service /Obsługa ruchu turystycznego english	5	45	lecture + exercises	summer	<ol style="list-style-type: none"> 1. Familiarizing students with tourist traffic service. 2. Familiarizing students with the existing methodology used in researching the quality of tourist traffic services. 3. Acquisition by students of the ability to organize package tourist products along with their calculation and programming. <p>Introducing the student to systematic individual and group work and, as a result, to the presentation and promotion of his work.</p>
Glocalisation : Globalism, Regionalism and Localism english	2	15	lecture	summer	<ol style="list-style-type: none"> 1. The acquisition of knowledge by students in the field of globalization, regionalism and localism

Political Science

Course title	ECTS	Hours	Form	Semester	Course description
European Integration / Integracja europejska Lecturer: Małgorzata Soja, PhD. English	5	15 30	lecture + exercises	summer	The aim of the course is to identify the processes and mechanisms of European integration in their dynamic context.
Election marketing and political campaigns /Marketing polityczny i kampanie wyborcze Lecturer: Zuzanna Sielska, PhD. English	3	30	seminar	summer	The aim of the course is to present the activities of political marketing and its ability to create political reality in particular in the field of electoral campaigns

National Security

Course title	ECTS	Hours	Form	Semester	Course description
Faces of terrorism/ Oblicza terroryzmu Lecturer: Małgorzata Soja PhD. English	3	30	seminar	summer	The subject concerns the genesis of contemporary terrorist threats and their impact on state security.
International political relations / Międzynarodowe stosunki polityczne Lecturer: Lech Drab, PhD. English	4	15 30	lecture + exercises	summer	The course aims to identify the main actors and structures of international political relations, as well as the analysis and mechanisms of the political processes taking place in the international environment.

Social Work

Course title	ECTS	Hours	Form	Semester	Course description
Social Psychology / Psychologia społeczna Lecturer: Agata Woźniak-Krakowian, PhD.	3	30	lecture + exercuses	Summer	To familiarize students with knowledge about human social functioning, types and forms of creating communities, and open interpersonal communication. Shaping and establishing effective communication with

english					people from various social areas, interpreting a given social situation and anticipating the social consequences of one's behavior.
Human Rights / Prawa człowieka Lecturer: Zbigniew Wieczorek, PhD. English	3	30	lecture	Summer	Showing the role and importance of human rights in the modern world. Shaping attitudes conducive to respecting human rights. Getting acquainted with appeal procedures and the human rights protection system, with particular emphasis on institutional support. Development of the ability to assert one's rights based on the procedures functioning in the country. Development of the ability to transfer knowledge in the field of human rights using activating methods.
Psychosocial Gerontology /Gerontologia psychospołeczna Lecturer: Zbigniew Wieczorek, PhD. english	2	30	lecture + exercuses	Summer	Acquisition of knowledge on concepts in the field of stages in human development, mainly in old age, concepts in the field of gerontology, acquiring the ability to explain the mechanisms of human aging that determine mental and health changes, acquiring the ability to independently analyze and interpret the health situation of an elderly person, acquiring the ability to understand and analyze developmental processes - biological and psychological aspects of development and aging, disability, dependence.
Mediation in Social Assistance Mediacja w pomocy społecznej Lecturer: Monika Kowalczyk- Gnyp, PhD. english	2	30	lecture + exercuses	Summer	The student knows the theoretical basis of the mediation process and knows how to use the knowledge in the practice of social work. The student knows and is able to apply the rules, standards, procedures, stages of mediation and is able to use them as a mediator in social assistance. Knows and understands the tasks of a mediator, knows and is able to apply communication techniques helpful in the mediation process. He knows the tools that help in the work of a social worker-mediator, he knows how to use them in family mediation. Knows and understands the importance of an ethical attitude in mediation.

Preparation of a social project / rzygotowanie projektu socjalnego Lecturer: Izabela Ziębacz, PhD. english	3	30	lecture + exercuses	Summer	Systematizing and expanding students' knowledge about social problems and the usefulness of design in social work. Development of practical skills in the preparation of a social project. Motivating students to get involved in social and local life. Developing the ability of students to work in a group and cooperate with potential clients of social assistance.
Local government and elements administrative proceedings /Samorząd terytorialny i elementy postępowania administracyjnego Lecturer: Prof. Ryszard Majer English	3	45	lecture + exercuses	Summer	The student acquires theoretical knowledge regarding family, care, alimony and social assistance benefits. Developing the ability to grant family, care, alimony and social assistance benefits and inform the client about forms of social security appropriate to the individual situation of the client and his family, in accordance with applicable law in the field of the social assistance and social security system in Poland.

Social Services

Course title	ECTS	Hours	Form	Semester	Course description
Public health / Zdrowie publiczne Lecturer: Prof. Ryszard Majer english	4	30	lecture + exercuses	Summer	Deepened and structured theoretical knowledge about the human living environment and about its development and developmental limitations in the light of the concept and functional framework of health public. Organized knowledge about the health care system, in-depth in the scope of services provided by health care system institutions for children, adolescents and adults in the country and around the world. Ability to observe and interpret social problems especially those occurring at the border of the health care system and social policy. Making

					and assessing them using various sources, including from the area of public health.
Geragogika /Aging Lecturer: Zbigniew Wieczorek, PhD. english	1	15	lecture	Summer	Terminology, methods and theories used in geragogy and gerontology, which is an advanced form of theoretical foundations for care, upbringing/educating, helping, supporting and strengthening the basis for action aimed at meeting the needs of individuals and groups of older people and the physical and mental resources of aging and old people. Mechanisms of aging, interdependencies between organ systems and consequences of homeostasis disturbance. Principles of conducting prospective research on old age, differences between longitudinal and cross-sectional studies. Psychological mechanisms responsible for approach to aging, mechanisms of psychopathology and building recommendations preventive, psychological mechanisms related to loss and mourning and fear of death. Developing the ability to use and integrate interdisciplinary theoretical knowledge about physiology and psychology of aging to analyze complex social problems and build appropriate ones preventive recommendations.