

Abstract

PhD by Anna Wójcik in in the discipline of fine arts and conservation of works of art.

Internal space and external space as a work of fine arts and arttherapeutic work.

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The aim of this dissertation is an attempt to create an artwork that is also an arteterpautic tool. It consists of a practical part and descriptive part. The practical work (exhibition) is divided into two parts. The title external space, the real space, which consists of a set of paintings and drawings. The second, internal space: Breathing Space, an experience created in virtual in virtual reality used for meditation. It is the result of research and an artistic experiment on the senses of sight and hearing. The work made in Vr technique is divided into 4 parts. The viewer himself decides on the order and duration of the experience. In the virtual "rooms" there are objects that move
In the virtual "rooms" there are objects that move to the rhythm of a programmed relaxation breathing technique. The intention is to evoke a feeling of total immersion, to lose the boundary between the real and the real. I tried to evoke this experience by escaping from realism, the representation of reality. The dissertation is divided into four parts. At the beginning I describe the role of the artist, art in society. It gives examples of artists who create works using scientific discoveries and new technologies. In the second part, which is devoted to breathing, I describe the impact of breathing on human functioning. The next part is an attempt to introduce virtual reality technology from the perspective of an artist, in the context of immersion, the impact that Vr on the user and the phenomenon of this medium, which is in a constant process of evolution. The last part is a description of the works and the complexity of the creative process.

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